

**FreezeFrame QuickStart Workshop**  
**Training Course Synopsis**

**CONFIDENTIAL**

# FreezeFrame QuickStart Workshop

## Workshop Overview

This one day workshop is designed to get you started with using FreezeFrame to measure the performance of your applications.

The workshop contains brief presentations to explain the concepts with demonstrations to illustrate how to use FreezeFrame to set up and then view observations. The majority of the workshop is spent with the students using FreezeFrame to observe their own applications. The reports generated by FreezeFrame will be reviewed to highlight those techniques that are of most use for the participants' applications.

The workshop is very flexible and can easily be adapted on the day to maximize its effectiveness for every customer. It will help if the students are able to identify beforehand some of their programs and applications to observe during the workshop.

## Workshop Objectives

On successful completion of the workshop, participants will be able to:

- Request FreezeFrame observations
- Navigate around the available reports in FreezeFrame
- Interpret those FreezeFrame reports that are most relevant to their applications' environment

## Workshop Topics

### Session 1

- Introduction to Performance Measurement
- Explanation of how FreezeFrame assists with Performance Management
- Scheduling new FreezeFrame observations

### Session 2

- Viewing FreezeFrame Reports
- Tailoring the display of FreezeFrame reports
- Interpretation of information displayed in FreezeFrame reports

## Target Audience

The workshop is designed for anyone who needs to measure and improve the performance of mainframe applications. It can be delivered to a wide variety of roles, but is at its most effective when all members of the audience are from a similar discipline because they will be better placed to share their experiences with each other.

Teams that would benefit from the workshop include:

- Application support
- Application development
- DBAs, for Db2 and IMS
- Operations Analysts
- System Performance specialists
- Quality Assurance

### **Workshop Prerequisites**

- Students should know which of their programs or applications they wish to observe during the class and should have the means to submit the tasks that execute these programs.
- FreezeFrame must have been installed on the customer machine where the applications run.
- This course has a proportion of hands-on practice, so the participants need to have access to FreezeFrame from the room in which the workshop is held.
- No pre-reading is required but participants can visit the Macro 4 website at <http://www.macro4.com> for a general introduction to the company and its products.

### **Location**

FreezeFrame workshops need to be held at customer sites to maximize their effectiveness within the specific environment.